

North Coast Unified Air Quality
Management District
2300 Myrtle Avenue, Eureka, CA 95501
Telephone (707) 443-3093 FAX (707) 443-3099
<http://www.ncuaqmd.org>

Air Quality Alert Issued 7-20-08 10:30AM

For the following areas:

Humboldt County: Willow Creek and all areas proximal to the wildfires.

Trinity County: Burnt Ranch, Junction City, Helena, Big Bar, Big Flat, Weaverville, Covington Mill, Hayfork, Hyampom, Mad River, Zenia, and all areas near the wildfires.

Smoke levels in these areas have been classified as **VERY UNHEALTHY**. Individuals in these areas should follow all health protective guidelines for smoke conditions, including limiting activity and staying indoors. Please see the guidelines listed on the general Public Service Announcement issued today.

Hayfork and Hyampom may reach Hazardous conditions today. Please stay alert for further updates.

Lightning has ignited fires in Humboldt, Del Norte and Trinity Counties. Smoke accumulation near the fires is expected to remain heavy today and tonight. Overnight temperature inversions may cause heavier smoke concentrations in lower elevations and valleys. Because of the increased pollution levels, the North Coast Unified Air Quality Management District is issuing an **Air Quality Alert** for **Saturday July 20, 2008**.

All individuals, especially the elderly, young children, pregnant women, those with lung or heart disease, and anyone else who is sensitive to air pollution should limit outdoor activities today.

If you have symptoms of lung or heart disease that may have been worsened by smoke exposure, contact your health care provider immediately. These symptoms include repeated coughing, shortness of breath or difficulty breathing, wheezing, chest tightness or pain, palpitations, nausea, unusual fatigue or lightheadedness.

If you have lung disease (including asthma), heart disease, are elderly, or have children in your home, please consider a visit to your health practitioner now, to discuss any precautions you may wish to take should the smoke become worse in your area.

For 24-hour Air Quality Advisory Information, call toll-free at (866) 287-6329 and press (5) on your touch tone phone. For additional local information, please visit the North Coast Unified Air Quality Management District's Website at www.ncuaqmd.org . Please visit the CAPCOA website at www.airquality.org/smokeimpact for additional health information.