

For Us All

14-4-3

Your main purpose
is to be at one
and to know that power
that moves you,
every thought
creating the beginning
and continuing action.

Take hold and look up in spirit,
take hold and look up in love,
take hold and look up in peace.

See the small space of your being
in the light of the universe.
See the large space of your being
in the sum of the universe.

See strength and let it show,
see grace and let it glow
like a bright star sky,
high... in the Sierra.

Martha Ann Blackman

From *The Caring Tree*
Published by *Rattlesnake Press*, 2011